

Amy Trigg

Writer

Amy Trigg is an actor and writer from Essex. She was the first wheelchair user to graduate from a performance course at Mountview Academy of Theatre Arts. Her acting credits include work with the Royal Shakespeare Company, Shakespeare's Globe, The Stephen Joseph Theatre, Nottingham Playhouse, BBC, Headlong and Universal. Amy's essay 'An Ode to Improvisation (and Pöhler and Fey)' features in the book 'Feminist's Don't Wear Pink (and other lies)'. Amy's first full length play 'Reasons You Should(n't) Love Me' was joint winner of the inaugural Women's Prize for Playwriting 2020 (Ellie Keel Productions and Paines Plough) and opened at the Kiln Theatre in May 2021 before touring the UK in 2022. She currently has original projects in development with Eleven Film, ITV Studios, Mam Tor Productions, Red Production Company, Little Door, The Forge and Two Rivers Media. Writers' rooms include work for CBeebies and The Bureau.

www.amytrigg.com

Theatre

2022	REASONS YOU SHOULDN'T LOVE ME	UK Tour & Kiln Theatre
2022	IT'S NOT LIKE IT'S ILLEGAL Part of the 'Burn It Down Series'	Theatre Royal Stratford East
2021	REASONS YOU SHOULDN'T LOVE ME	Kiln Theatre

Television

2022	RALPH AND KATIE	ITV Studios/BBC
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